



Dr. Sumit

Assistant Professor

Department of Botany

Government College Chamba

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Date of Birth

16th June, 1976

Academic Qualification

- Ph.D (Botany) from Career Point University 2026
- Qualified SET 2015
- M.Phil from Periyar University, Salem, T.N., 2007-68%
- M.Sc. Botany (**Gold Medallist**) from Himachal Pradesh University, Shimla,-1999-64.06%
- B.Sc. (Medical) from Himachal Pradesh University, Shimla, 1997-73.88%
- 10+2 (Medical) from H.P. Board of School Education, Dharamshala, 1994- 60.25%
- Matriculation from H.P. Board of School Education, Dharamshala, 1992- 66.71%

Experience

- Twenty six years five months of teaching in U.G. classes.

<p>Workshop/Seminars attended</p>	<ul style="list-style-type: none"> ➤ Attended workshop on “ Spoken English”, organized by G.C. Chamba in Nov. 2009 ➤ Attended National Conference on “Sustainable use of water resources in context of Climate Change: A shared responsibility”, organized by G.C. Chamba from 11- 13th arch 2011. ➤ Attended National seminar on “Ethnobotany in 3rd millennium: Role and expectations in H.P.”, organized by G.C. Nadaun from 17-18th march 2012. ➤ Attended National Conference of Sociological Society of Himachal Pradesh from 1-2 Nov. 2019. ➤ Attended International Conference on Scientific Development in the Current Era (ICS DCE-2021), organized by I.B. College, Panipat. from 9-10th April,2021. ➤ Attended National Conference on Role of Science and Technology in Environmental Conservation and Sustainable Development, organized by Department of Biosciences & HPU Biological Society Himachal Pradesh University, 23-24 Sept. 2022. ➤ Attended International Conference on “VUCA World: Issues & Challenges” organized by Rajkiya Kanya Mahavidayala, Shimla on dated 09-11 Dec. 2022 ➤ Attended International Conference on “Emerging Scenario of Science, Technology, and Innovation-2023” (ESSTI-2023) organized by Career Point University, Hamirpur, H.P. during 24 -25 February 2023. ➤ Attended National Seminar on “Environmental Issues & Public Health” organized by Govt. College Bhoranj (Tarkwari) on February 27-28, 2023. ➤ Attended 6th International Conference on “Strategies and Challenges in Agricultural and Life Science for Food Security and Sustainable Environment (SCALFE-2023)” organized by Department of Environmental Science, HP University, Shimla, H.P., India, 28-30 April 2023.
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- Attended National Conference on “Environmental Concerns in the Himalayan Region” organized by Govt. College Jukhala, Distt. Bilaspur (H.P.), 20 May 2023.
- Attended National Seminar on “Promoting Sustainable Livelihoods in the North-Western Himalayas: Fostering Convergence among Research, Practice and Policy” organized by Govt. Degree College Shahpur, Kangra, 27-29 May 2023.
- Attended International Conference on “Environmental Concerns, Climate Change and Resource Management in Western Himalayas” organized by Rabindranath Tagore Govt. College Sarkaghat, Distt. Mandi (H.P.), 5-6 June 2023.
- Attended International Conference on “Recent Trends in Science And Technology For Environment Conservation And Sustainable Development” organized by Sidharth Utkrisht govt. College Nadaun, Hamirpur, 29-30 September 2023.
- Attended International Conference on “Tribal Identity in India: Issues, Challenges and the Road Ahead” organized by Govt. College Pangti, Distt. Chamba (H.P.), 1-2, 4 October 2023.
- Attended International Conference on “Green Energy For a sustainable Future: Innovations, Policies and Global Colaborations” organized by MCM DAV College, Kangra (H.P.), 21 -23 March 2024.
- Attended National Conference on “Basic and Social Sciences: Innovations and Challenges” organized by MCM DAV College, Kangra (H.P.), 29 -30 May 2024.
- Attended National Seminar on “Natie and society” (NSNS-2024) organized by Govt. Arya degree College Nurpur, District Kangra (H.P.), 2 September 2024.
- Attended International Conference on The Role of Technology to Combat the Triad in Crisis: Biodiversity Loss, Climate Change and A Sustainable Future” organized by Dr. Sarvepalli Radhakrishnan Govt. Degree College Dharampur, Mandi (H.P.), 24-25 October 2024.
- Attended International Conference on “Emerging Trends and Innovations in Basic Sciences (ETIBS-2024) organized by Career Point University Hamirpur (H.P.), 22 -23 November 2024.

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| | <ul style="list-style-type: none">➤ Attended National Seminar on “Urbanization in India: Contemporary Issues and Challenges with Special Reference to Viksit Bharat” organized by Sahkari P.G. Collge, Mihrawan, Jaunpur, U.P., 13-14 December 2024.➤ Attended International Conference on “ Current Advances in Basic and Social Sciences:Issues and Challenges” organized by MCM DAV College, Kangra (H.P.), 20-22 January 2025➤ Attended International Workshop on “Sustainable Development and Environmental Conservation” organized by Thakur Jagdev Chand Memorial Govt. college Sujanpur Tihra, Distt. Hamirpur (H.P.), 13-19 February 2025.➤ Attended National Seminar on “Sustainable Agro-technologies & Innovations for Rainfed Agro-ecosystem in Himachal Pradesh” organized by Career Point University Hamirpur (H.P.), 25-26 February 2025.➤ Attended International Conference on “Environment, Sustainable Development and Disaster Management: pathways to a Greener and Safer Future” organized by TJCM Govt. College Sujanpur Tihra, 11-12 September 2025.➤ Attended International Conference on “Reviving Viksit Bharat @ 2047: Integrating Inclusive Growth with the Wisdom of Ancient India” organized by Govt. P.G. College Chamba (H.P.), 3-4 November 2025. |
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<p>Publication</p>	<ul style="list-style-type: none"> ➤ Sumit and P.Vishal Ahuja. Traditional use of medicinal plants: An ethnobotanical study of Chamba Development Block in Himachal Pradesh. in proceedings of International conference Chamba Climate Meet 2014, (2014)Vol. V. ➤ Sumit, Gulshan Kumar, and Sumit Singh. "Exploring the Phytochemical and Pharmacological Properties of Stinging Nettle (<i>Urtica dioica</i> L.): A Wild Edible Plant of Chamba District, Himachal Pradesh." <i>Journal Plant Science Research</i> 39, no. 3 (2023): 145-154. ➤ Sumit, Sumit Singh, Gulshan Kumar, and Kanwaljeet Singh. "Revitalizing traditional wisdom: Exploring medicinal, plant-based healthcare practices in Kalatop-Khajjiar Wildlife Sanctuary, Himachal Pradesh, India." <i>Ethnobotany Research and Applications</i> 31 (2025): 1-30. ➤ Sumit, Gulshan Kumar, Sumit Singh, Taslima Sheikh, Kanwaljeet Singh, P. Vishal Ahuja, and Arvind Kumar. "Floristic composition and conservation significance of vascular plants in Kalatop-Khajjiar Wildlife Sanctuary, Himachal Pradesh, India." <i>Journal of Threatened Taxa</i> 18, no. 2 (2026): 28263-28274.
<p>Books/Book Chapters</p>	<ul style="list-style-type: none"> ➤ Sumit, and Gulshan Kumar. "Traditional Medicinal Plants Used by the Inhabitants of Shivalik Region of Himachal Pradesh to Treat Common Respiratory Disorders." <i>Innovative Trends in Biological Science</i> (2023): 337-347 ➤ Sumit, Gulshan Kumar, Poonam Sabrwal, and Monika Thakur. Role of Non Timber Forest Products in Health and Nutrition: A Study of Wild Edible Plants in Chamba Valley of North Western Himalayas. <i>Futuristic Trends in Agriculture Engineering & Food Sciences</i> Volume 3, Book 22, (2024): Chapter 1 ➤ Poonam Sabrwal and Sumit. Distributional Records of Familytubulicrinaceae from District Chamba of Himachal Pradesh. <i>Futuristic Trends in Agriculture Engineering & Food Sciences</i> Volume 3, Book 22, (2024): Chapter 26

<p>Refresher Courses/FDP</p>	<ul style="list-style-type: none"> ➤ Attended Refresher Course in Botany at Jammu University in 2015. ➤ Attended FDP on Online Teaching Tools organized by Hansraj College, University of Delhi in collaboration with PARAMARSH, UGC SCHEME from 16th February 22nd February, 2021. ➤ Attended Refresher Course in Life Science organized by Teaching Learning Centre, Ramanujan College, University of Delhi in collaboration with Miranda House, University of Delhi from 01 – 15 September, 2021. ➤ Participated in Summer field School on Mountain Ecosystem and Resource Management, organized by Grassroots Institute Canada from 19-28th Sept. 2021. ➤ Attended Faculty Development Programme on Academic Research Writing organized by Teaching Learning Centre, Ramanujan College, University of Delhi in collaboration with Dolphin PG Institute of Biomedical and Natural Sciences, Dehradun Uttarakhand from 16 – 22 July, 2022. ➤ Attended Refresher course in Botany organized by Teaching Learning Centre organized by Ramanujan College, University of Delhi from 19 November – 04 December, 2023. ➤ Attended FDP on NEP 2020: A Paradigm Shift in Higher Education organized by Dr. Sarvepalli Radhakrishnan Government Degree College Dharampur Mandi (H.P.) from 19-24th February, 2024. ➤ Attended training program on NEP 2020 Orientation & Sensitization Programme organized by Mahatma Hansraj Malaviya Mission Teacher Training Centre (MH-MMTTC), Hansraj College, University of Delhi from 01st March – 14th March, 2024. ➤ Attended FDP on Fostering Mental and Physical Health for an Effective Teaching-Learning Environment organized by Swami Shraddhanand College, University of Delhi in collaboration with Mahatma Hansraj Malaviya Mission Teacher Training Centre (MH-MMTTC), Hansraj College, University of Delhi from ➤ Attended FDP on Service Rules and regulations for Teachers in Higher Education organized by IQAC of SCVB Govt. College Palampur, Distt. Kangra (H.P.) from
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| | <ul style="list-style-type: none">➤ Attended International Workshop on Sustainable Development and Environmental Conservation organized by Department of Geography, Thakur Jagdev Chand Memorial Govt. college Sujanpur Tihra, Distt. hamirpur (H.P.). |
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